

Wisconsin Girls Swimming & Diving Invitational

PRELIMS-FINALS MEET

at the University of Wisconsin-Natatorium - Madison, WI

- DATE: Saturday, October 2, 2010
- LOCATION: University of Wisconsin Natatorium - 2000 Observatory Drive - Madison, WI 53706
- FACILITY: An 8-lane, 25-yard pool with a starting and turn depth of 4.5 feet. It has regulation-height starting blocks (30") and ample viewing area for athletes and spectators. Colorado Timing System with horn start, touch pads, one button and two watches as backup.
- TIMELINE:
- SWIMMING PRELIMS**
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| Swim Coaches Meeting (@ Coaches Hospitality Room - Rm. 2204) | 8:15 AM |
| Preliminaries Swimming Warmups: | 8:30 AM |
| Preliminaries Swimming Starts: | 10:00 AM |
- DIVING PRELIMS**
- | | |
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| Diving Coaches Meeting (@ Coaches Hospitality Room - Rm. 2204) | 11:15 AM |
| Diving Warmups: | 11:30 AM |
| Prelims-Finals Diving Starts: | 1:00 PM |
- FINALS**
- | | |
|-----------------|----------------------------|
| Finals Warmups: | 3:30 PM |
| Finals Starts: | 5:00 PM (Finish ~ 7:30 PM) |
- (Two heats of each swimming event will compete - Consolations & Finals)
- ENTRIES: **Swimming Entries** - Individual team entries are limited to **twenty-four entries (24)**; limit of **four** individuals in one event and **two** relays for each relay event. **Relays swim in finals only.**
- Each team is allowed **two** entries for the 500 Freestyle. Any additional entries in the 500 Freestyle must have seed times under 6:00. Individual and relay entry limits as per WIAA rules.
- Diving Entries** - Each team is allowed four individual diving entries per school.
- Entries will not be accepted in any format other than Hy-Tek Team Manager.**
Submit your entries to Jason Verhelst at jasonverhelst@gmail.com
Please also include your information form via email or fax it to (608) 442-2199.
If you have any problems submitting entries please call Jason Verhelst on his cell phone (608) 692-0507.
- ENTRY DEADLINE: **Hy-Tek entries and the entry form are due by 4:00 PM on Tuesday, September 28.**
- RESULTS: Results will be ready twenty minutes upon completion of each session

FOR MORE INFORMATION VISIT: SPARTANSWIMMINGDIVING.COM

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MEET INFORMATION - Continued...

- SCORING:** Sixteen place scoring per Federation Rule Book.
Only the top relay from each team is awarded points. Diving points are not included in the team score.
- FORMAT:** Standard NFSH meet event order. There will be no preliminary relay swims... prelims will start with 200 Free. There will be a 20-minute break between the 50 Free & 100 Fly with 15 minutes in the water.
- AWARDS:** Medals will be awarded to the top 8 finishers in each individual and relay event during the finals session. A trophy/plaque will also be awarded to the highest scoring team.
- ADMISSION /HEAT SHEETS:** Adult Admission: \$5.00 | Student Admission: \$3 | Heat sheet: \$2.00
- OTHER:**
- Spectators, coaches and athletes can park in Lot 62 across from the Natatorium
 - An Athletic Trainer will be on site
 - Coaches Hospitality is located in room 2204 on the second floor.
- MEET DIRECTOR:** Jason Verhelst, Head Girls Swim Coach, Madison Memorial H.S.
Phone: (608) 692-0507
Fax: (608) 442-2199
Email: jasonverhelst@gmail.com
- ENTRY FEE:** \$175 Entry Fee

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